



**Myanmar**  
6 days | Yangon • Bagan • Mandalay

From \$1260

**Day 1 Yangon** • Arrive in Yangon and transfer to your hotel. Accommodation: Traders Hotel for 2 nights

**Day 2 Yangon** • A city tour of Yangon will include the Shwedagon, Botataung and Ngadatkyi pagodas, the National Museum, Wizaya and Sule pagodas as well as the Bogyoke Aung San Market. (B)

**Day 3 Yangon • Bagan** • Transfer to the airport for your flight to Bagan. Bagan is a spectacular plain stretching away from the Ayeyarwaddy River, dotted with thousands of 800-year old temple ruins. Today's visit will include the many temples of Bagan as well as a lacquer ware workshop. Accommodation: Tharabar Gate Hotel. (B)

**Day 4 Bagan • Mandalay** • Transfer to the airport for your flight to Mandalay. The last capital of royal Burma, Mandalay is still one of the largest cities in Myanmar, and a cultural and spiritual center. In the morning, head to Mahamuni Paya. En route to the pagoda, stop to observe the laborious process of gold leaf beating, where gold is painstakingly hammered into tissue-thin squares. In the afternoon, visit some of the city's most interesting temples and palaces. Begin at Shwenandaw Kyaung, or the Golden Teak Monastery. Built entirely of golden teak, this intricately carved wooden monastery was once part of the Mandalay Palace, used as private apartments by King Mindon and his chief queen. Continue to Kyauktawgyi Paya, famous for its seated Buddha, carved from a single block of marble. The final stop is at Shwe Kyin Old Monastery, an old monastery at the base of Mandalay Hill which was built during the period of King Mindon. (B)

**Day 5 Mandalay • Yangon** • In the morning, head to Amarapura, a former royal capital, and the Mahagandayon Monastery to observe monks and novices as they line up to receive their daily offering of alms and food from faithful Buddhists. Afterwards, visit the nineteenth century Pahtodawgyi Paya and the reconstructed Bagaya Kyaung. Pause to enjoy the atmosphere of U Beins's Bridge, a picturesque teak bridge which extends over one kilometre across Taungthaman Lake, and the highlight of any visit to Amarapura. Enjoy a ferry crossing to linwa, situated on the banks of the Irrawaddy River. Also a former royal capital, Inwa is now a quiet rural oasis. Enjoy a leisurely horse cart ride around the peaceful countryside, briefly visiting the local pagodas and monastery. On the way, stop and observe how local artisans make the famous alms bowls out of iron. Transfer to the airport for your flight to Yangon. Transfer to your hotel. Accommodation: Traders Hotel. (B)

**Day 6 Yangon** • Transfer to the airport. (B)

**The Package Includes**

- **Transportation** • Domestic flights in economy class • Return transfers airport/hotel/airport • **Guides** • English speaking local guides • **Accommodations and meals** • First class accommodation, double occupancy • 5 meals: 5 American breakfasts • **Visits and excursions** • As per itinerary.

Visa required for Myanmar.

Price per person, from	\$CAD	
	Double	Single
6 Days		
November 1 to October 15	1 260	2 070

**Vietnam • Sapa**

6 Days  
From \$1265

**Day 1 Hanoi** • Arrive in Hanoi and transfer to your hotel. Accommodation: Galaxy Hotel.

**Day 2 Hanoi • Lao Cai** • Transfer to the train station for your departure to Lao Cai. Overnight on board. Accommodation: Victoria Train (sleeper, 2 berths). (B)

**Day 3 Lao Cai • Sapa** • Arrive in Lao Cai and transfer to Sapa. On the way stop to visit a local market. Cruise down the Chay River to experience picturesque scenes and the magnificent sight of a beautiful cave. Accommodation: Victoria Sapa Resort for 2 nights. (B)

**Day 4 Sapa** • Visit the colorful market at Bac Ha, where ethnic minorities from around the region gather to trade water buffalo, livestock and handicrafts. The people inhabiting the area are mainly Flower Hmong, but there are also Dzao, Nung, Xa Fang, Phu La, Thai and many more ethnicities as well. Return to your hotel. (B)

**Day 5 Sapa • Lao Cai • Hanoi** • Travel down a winding road to the Black Hmong village of Cat Cat, past beautiful mountain scenery. Wander through the village, visiting the traditional houses and observing the rural way of life. Afterwards, continue to the handicraft village of Ta Phin, inhabited by the Red Dzao, known for their distinctive red headscarves. Journey by driving south toward Muong Hoa valley. Start your walk by descending into the valley, which is the largest rice paddy terraced among the Sapa area. Return to Sapa by vehicle and board your overnight train to Hanoi. Accommodation: Victoria Train (sleeper, 2 berths). (B)

**Day 6 Hanoi** • Arrive in Hanoi in the morning. (B)

Order of visits may change.

**The Package Includes**

- 5 nights accommodation in double occupancy (hotel and train)
- 5 breakfasts
- Round trip sleeper train, 2 berths per cabin.
- Sightseeing with English speaking local guides, private basis
- Transfers
- Entrance fees.

Visa required for Vietnam.

Price per person, from	\$CAD	
	Double	Single
6 Days		
November 1 to October 15	1265	2010